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Will it stay or will it go?

HRM councillors seem to back a new stadium, but private sector funders will make or break decision on CFL **PAGE 3**

#sorrynotsorry

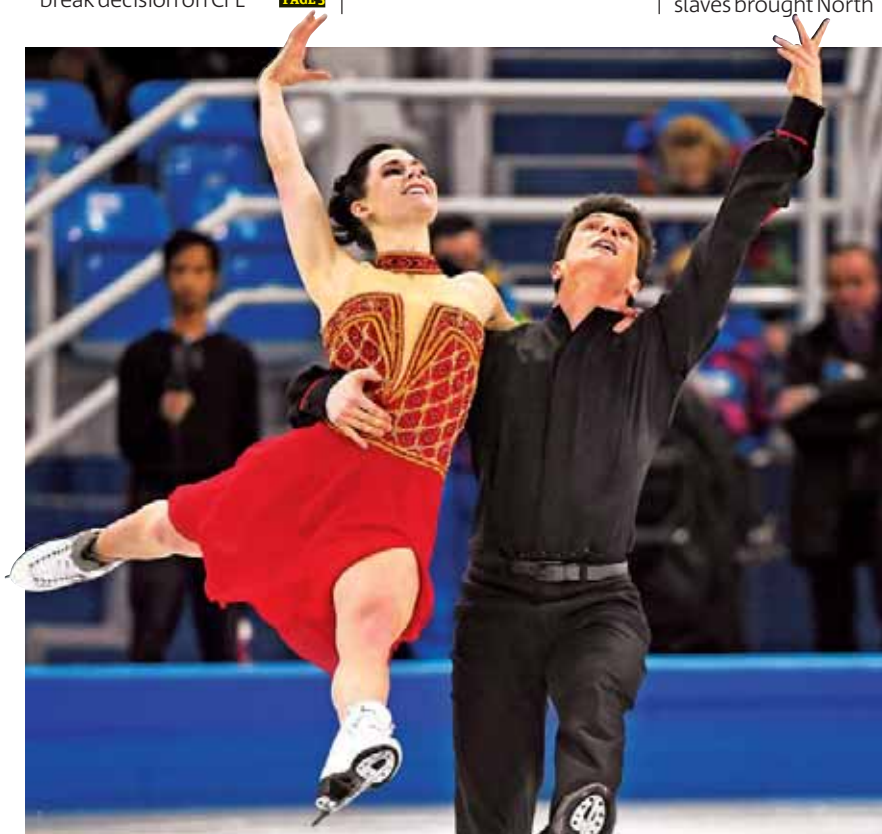
Coun. Wayne Mason doesn't want to be 'unclassy,' but uses colourful language to respond to T.O. mayor's rainbow flag reaction **PAGE 4**

Exposing slavery in Canada

Though U.S. slavery is well documented, few know about slaves brought North **PAGE 17**

THREE TO WATCH IN SOCHI

- **8 a.m.** Charles Hamelin, who won 2 golds in Vancouver, aims to hit the podium in the 1,500-metre short track.
- **11 a.m.** Canada competes in men's curling and women's hockey.
- **2 p.m.** Alex Bilodeau, seen here, will look to defend his Vancouver Olympic moguls title against teammate Mikaël Kingsbury. **GREG DOWNS/FOR METRO**



MOIR VIRTUE, MORE MEDALS

Canada's Tessa Virtue and Scott Moir perform their free dance in the ice dance portion of the team figure skating event at the Sochi Winter Olympics on Sunday. The Canadian team won silver and finished the opening weekend with four medals. Story, page 20.

PAUL CHIASSON/THE CANADIAN PRESS

Man dies from downtown gunshot

Investigation. Police say victim's wound was self-inflicted while running from officers



HALEY RYAN
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The province's Serious Incident Response Team is investigating whether a man who died after an apparent self-inflicted gunshot while running from police meant to shoot himself, or if it was an accident.

Halifax Regional Police say three men and a woman were refused when they tried to book a room at the Radisson Hotel on Hollis Street around 4:20 a.m. Sunday.

After they left, a passerby came in and told the staff one of them had fired a gun in the air outside.

Staff Sgt. Reid McCoombs said police searched for the group and found all four people on Blowers Street



A policeman takes photos on Barrington Street. JEFF HARPER/METRO

about 20 minutes later.

"As police approached them, one of the males ran away and police gave pursuit," McCoombs said.

As the man was running south on Barrington Street, McCoombs said the gun went off, causing a self-inflicted wound.

The 25-year-old man was taken to hospital, where he later died.

McCoombs said the officers who ran after the suspect did not know he carried a weapon. If they had, he said

it would depend on the circumstances, but "they would certainly approach very differently."

"We were investigating complaints of a gunshot, but there were four people," McCoombs said. "We didn't know who had what, or if they still had it."

Police arrested the other man and woman involved in the incident outside the hotel, and later arrested a third man at a residence in north-end Halifax.

McCoombs said all three were interviewed and released, and no charges have been laid.

Ron MacDonald, SIRT director, said the agency is looking into the man's death and will interview three officers involved in the pursuit. He said they will also question witnesses, and ask surrounding businesses for surveillance video.

MacDonald said their investigation will try to determine whether the suspect meant to shoot himself, and are exploring all possibilities.

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Travel Industry Council of Ontario

Coun. Tim Outhit

"On the previous council I supported a \$60 million community stadium, and unfortunately the federal government, provincial government and the private sector did not step up."

Coun. Wayne Mason

"It would primarily be sports. This idea that somehow that venue would change the concert world, I think is completely incorrect."

Coun. Lorelei Nicoll

"It's been a lifelong dream for a lot of people."

Coun. Stephen Adams

"For those 8 home games in the CFL there's still another 357 days that we're going to have to find a use."

Deputy Mayor Darren Fisher

"It needs to have the correct funding model and it needs to have other levels of government and the private sector involved."

Coun. Steve Craig

"I would be very open to this when this does come to council for discussions and we have an informed debate."



Shannon Park in Dartmouth is considered one of the sites for an outdoor stadium in the Halifax region. JEFF HARPER/METRO

'It's more than just a stadium'

To build or not to build. Outdoor facility hot topic with arrival of CFL commissioner

One HRM councillor says she's heard lots of support for a new stadium from the public, but it's up to the private sector to agree to share the cost alongside all levels of government before that becomes a reality.

Business leaders and councillors will be hearing a pitch from Canadian Football League Commissioner Mark Cohon on Monday about the possibility of bringing a team here

and the advantages of getting a new outdoor stadium off the ground.

Coun. Lorelei Nicoll said Sunday she was interested in seeing why the league was so interested in Halifax and what a potential agreement could look like.

"I'm hoping that I hear the same enthusiasm from the private sector as I'm hearing from the residents who so desperately want this," Nicoll said.

Besides being home to a possible CFL team, Nicoll said a large stadium that seats over 20,000 people could attract big musical acts that have never performed east of Montreal, and boost the local economy.

Halifax's large airport is also a draw for other international events looking to come here, she said.

"That's the potential," Nicoll said. "It's more than just a stadium, more than a CFL team."

Nicoll said getting a concrete plan in motion is "all about partners, not about government taking the lead," which Coun. Stephen Adams agreed with.

"The private sector will be the tell-tale sign here because they're the individuals that will benefit from a financial perspective," Adams said. "If the local business community doesn't support it, then it's probably not a good investment."

ment."

In 2012, the former council agreed to spend \$20 million on a stadium during a bid to host the 2015 FIFA women's soccer cup but didn't find enough partners to continue the project.

Nicoll said she would like to see the federal government set aside Shannon Park's old military area for a stadium, and enter into a master plan with HRM and the province.

"It's not about being a world-class city. It's about being who we are and being unique to that ... and making it happen that way," Nicoll said.

HALEY RYAN/METRO
WITH FILES FROM DESERIE MURPHY

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Pride flag. Councillor calls Toronto mayor Rob Ford 'a douchebag'

Waye Mason, councillor for downtown Halifax, said on Sunday he stands behind a tweet where he called Rob Ford "a douchebag."

Mason said he has been trying to avoid discussing the controversial Toronto mayor because it would be "unclassy" since Ford reportedly deals with substance-abuse issues.

But Mason said he was "pretty upset" when Ford asked that the rainbow flag at Toronto City Hall, which is flying in many cities across the country as a symbol of gay rights during the Olympics, be taken down.

"What a total douchebag. Really," Mason said in a retweet of a CBC story on Ford's attempt to remove the gay-pride flag.

According to the CBC, Ford asked the flag be taken down because the Olympics are about being patriotic, and "not about someone's sexual preference."

Between that and Ford's stance on not appearing in To-



Coun. Waye Mason METRO

ronto's pride parade, Mason said it looks like Ford is "trying to solidify his voting base" as he heads into an election.

"I think that it's entirely unacceptable," Mason said. "Human rights are no joke. They shouldn't be political football."

Mason said he hasn't gotten any negative comments about his strongly worded tweet.

"I would say the majority of my supporters are 100 per cent in favour of me calling out the mayor of Toronto," Mason said with a laugh. **HALEY RYAN/METRO**

Not seriously hurt. Teen struck in crosswalk by Metro Transit bus

Police say a girl walking in a Halifax crosswalk was hit by a Metro Transit bus on Saturday night.

Two pedestrians were crossing in a marked crosswalk near 7000 Mumford Rd. around 8:30 p.m. when police say a bus that was leaving the Mumford terminal hit the 17-year-old victim while making a right turn.

Police say the victim was struck on the side of her upper

Investigation

Police say a decision hasn't been made on possible charges.

body by the front of the bus.

The pedestrians returned home and called police. The girl wasn't seriously hurt. **METRO**

Grimms Settlement

Lunenburg-area home destroyed in evening fire

It took four fire departments to put out a blaze in an elderly woman's home west of Lunenburg on Saturday evening.

The 75-year-old escaped the house in Grimms Settlement unharmed but everything, including her belongings, were destroyed.

The fire began around 6:30 p.m. The exact cause of the fire is under investigation, but it's believed it originated from a clothes dryer. **METRO**

No injuries

Gun brandished in Bedford robbery

Police say a man robbed a drug store in Bedford at gunpoint on Sunday night.

The robbery happened at the Shoppers Drug Mart at 950 Bedford Hwy. around 7:45 p.m.

Police say a man approached a pharmacist, pointed a black handgun at her, and demanded she give him drugs.

He obtained an undisclosed amount of narcotics and fled the store on foot.

No one was injured. **METRO**



A young competitor checks out a model of a Nick Brunt painting during a Lego competition hosted at the Argyle Fine Art Gallery in Halifax. **JEFF HARPER/METRO**

Battle of the blocks

Lego artists face off.

The goal: try and recreate pieces of art

GEORDON OMAND

halifax@metronews.ca

Halifax locals had the chance to let loose with Lego over the weekend.

Teams gathered in the Argyle Fine Art Gallery on Barrington Street on Saturday to compete for top spot at the Artful Lego Party and Competition Extraordinaire.

"This year, the gallery had been trying to come up with ideas so that people can come into our space and be creative and learn a little bit about art," said gallery owner Adriana Afford.

The result: the Lego competition, which challenged teams to recreate a piece of art in the style of a famous artist or painting.

Four teams took part, with participants ranging in age from eight years to the mid-40s.

One team built a three-dimensional recreation of The View From Whale Creek

Stay tuned

Adriana Afford said Argyle Fine Art Gallery has plans to host more public events in the coming months.

by local artist Nick Brunt.

According to Afford, Lego is something that really encourages people to be creative.

"Basically, you can pretty much build anything to express yourself," said 13-year-old competitor William Travers.

He and his 15-year-old sister Emma Travers recreated Andy Warhol's iconic banana print.

Saturday's art gallery event was not the pair's first experience with competitive Lego building. The siblings participate regularly in Lego challenges across the continent, travelling as far as California for FIRST Lego League competitions.

"We sell some Lego jewelry here," said the older sibling. "So we thought we would help sponsor Argyle (Fine Art Gallery) by doing this."



The scene of Sunday's standoff in Glenholme. **TRURO DAILY NEWS**

Man found dead after barricading himself in home

A Nova Scotia man is dead from an apparent self-inflicted gunshot wound after barricading himself inside a home outside of Truro on Sunday.

Around 8:30 a.m., police were called to a house in Glenholme, Colchester Co., after a 44-year-old man called police and threatened to harm himself.

When police went to the

Lengthy standoff

Police say several residents were evacuated due to the lengthy standoff and the highway was shut down.

home on Highway 2, he barricaded himself inside and threatened to harm both

himself and police.

The home was then surrounded by officers, and just before 6 p.m., the RCMP Emergency Response Team entered the home and found a man dead from what is believed to be from a self-inflicted gunshot wound.

The victim's name isn't being released due to notification of next of kin. **METRO**

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Giant bugs invade city museum

Thinking Outside the Box about arthropods.

Halifax first location to host the exhibit

GEORDON OMAND

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No need to call the exterminator, but the Museum of Natural History in Halifax is gearing up for a giant pest invasion.

For the next three months, visitors to the museum will have the chance to experience gargantuan grasshoppers, mammoth moths and behemoth beetles, all part of a new sculpture exhibit called Bugs: Outside the Box.

"There's nothing really quite like this out there," said Paul Nelson, production manager for Outhouse Exhibit Services, the company responsible for creating the exhibit.

The exhibit includes 16 mounted, anatomically correct statues of various arthropods, enlarged anywhere between 15 and 20 times their usual size.

Halifax is the first Canadian venue to host the show, which showcases the work of

Where and when

The exhibit is on display at the Museum of Natural History until May 19.

Italian naturalist and sculptor Lorenzo Possenti of Ecofauna.

"They're tiny little bugs," said Nelson, about the animals that inspired the exhibit's centrepieces.

"But when you enlarge them to this degree and you see all the detail in them I think you can appreciate the world at your feet a little more."

According to Nelson, the display also explores the connection between art and science, as well as the art within the science.

"Back ... in the Victorian age, most field scientists had to be good artists, because you couldn't just take a picture," he said. "You had to draw something."

Another one of the goals behind the exhibit is to dispel myths and remove prejudices.

"I think bugs are often misunderstood, or often dismissed as creepy, crawly creatures, and that becomes the end of it," said Jeff Gray, one



Paul Nelson poses in front of his favourite sculpture. Nelson is the production manager of Outhouse Exhibit Services, the company responsible for bringing the exhibit Bugs: Outside the Box to Halifax. GEORDON OMAND/FOR METRO

of the museum's curators
"I think that if we can help dispel this ... if we can show

the beauty in the details ... I think that that's great."
Nelson agreed: "We really

love to dispel myth and remove prejudice," he said.
"And if we can get people

geeked about the natural world we feel really good about what we've done."

Spring budget will be first test of Liberals: Baillie



Jamie Baillie METRO FILE

Nova Scotia's Progressive Conservative Leader Jamie Baillie says the upcoming budget will be the first test of the government after what he describes as a period of inaction since the Liberals came to power late last year.

Speaking at the party's annual general meeting in Halifax on Sunday, the Opposition leader told supporters that since taking the reins in October, the Liberals have done nothing to

address the province's debt.

He urged the government to balance the books ahead of the spring budget in order to provide tax relief and create jobs.

"That's where the rubber is going to hit the road on whether there is any substance to the Liberal government or not," Baillie said during a question-and-answer period with party members. "You will see a very vigorous and loud official Opposition if they break their

promises to the people of Nova Scotia or leave our problems unaddressed."

The province's finance minister kicked off consultations Friday in preparation for its spring budget.

Diana Whalen has already vowed to reduce departmental spending by one per cent, except for Health and Education.

Last month, Nova Scotia's then-auditor general said the province's net debt stood at

Backing their leader

95

The percentage of support Progressive Conservative members gave Jamie Baillie as their leader in a review vote Saturday.

\$13.9 billion at the end of the 2012-13 fiscal year, a 5.3 per cent increase over the previous year.

Baillie also spoke about the lessons learned from October's election and vowed to run a tougher campaign against the governing Liberals during the next election.

Baillie said campaign teams in each riding will have to reorganize and work together to be successful, adding that some Tories who sought nominations in the last election but did not win were causing issues within the party. **THE CANADIAN PRESS**

Freak accident

Investigation underway after detached trailer kills van driver

One man is dead after a trailer became detached from an 18-wheeler and slammed into the front of a van on Barrington Street under the MacKay Bridge on Friday morning.

"The trailer crossed the centre line and collided head-on with the a minivan driven

by a 40-something-year-old man," said Halifax police spokesman Pierre Bourdages. "What we don't know is how it happened."

The crash took place shortly after 7:30 Friday morning. A section of Barrington Street was initially closed but reopened to traffic in the afternoon.

Forensic investigators and collision analysts were on scene, as well as representatives from the department of transportation and the medical examiner's office. **METRO**

Cape Breton

Man seriously hurt in ATV crash

Police say a man is in hospital with serious injuries after an all-terrain vehicle accident in Nova Scotia.

Cape Breton Regional Police say the crash happened around 2 a.m. Sunday near Livingstone Road in New Waterford. They say the ATV apparently flipped over.

A 41-year-old man from River Ryan was taken to hospital. **THE CANADIAN PRESS**

Jan. 31 incident

Police investigate hit-and-run involving school crossing guard

Police in Halifax are asking for the public's help in tracking down a driver who fled the scene after hitting a 69-year-old crossing guard late last month.

Shortly before 9 a.m. on Jan. 31, a man was helping several kids cross at the intersection of Hawthorne

Street and Prince Albert Road in Dartmouth when a passing vehicle hit him.

The car — which police describe as a grey Pontiac — failed to stop.

Police said they became aware of the incident on Feb. 5 and are investigating. **METRO**

Two arrested

Charges laid after drug search

A man and woman face charges after police conducted a

drug search in Halifax.

Officers with Halifax Regional Police and RCMP Integrated Drug Unit searched an apartment on Tamarack Drive on Thursday night, allegedly seizing cocaine, drug paraphernalia and cash.

Clayton Daniel Cromwell, 22, and Elizabeth Mary Cromwell, 51, were arrested at the scene without incident. **METRO**



For more local news visit metronews.ca

Teen Athlete's Sight Restored

Former Team Canada gymnast receives cornea transplant and resumes active life

At 13, Alysa Samaratunga's life was full of promise. A talented gymnast from Vancouver, B.C., she spent 40 hours per week in training and travelled the world winning medals for Team Canada. Her goal was to participate in the 2012 London Olympics. But all that changed in – what one could say was – a blink of an eye.

"I woke up one morning with an eye infection," remembers Alysa. "I'm not sure what set it off, maybe bacteria behind my contacts, maybe from a hot tub."

It started as itching and soreness and soon become debilitating. As the infection grew, Alysa's pain became almost unbearable and her right eye went cloudy white. Alysa's mom, Kate Samaratunga, could see that the infection was spreading and that her daughter was suffering. With continued insistence, Kate had Alysa seen by an ophthalmologist. The infection cleared by putting drops into the eye every 15 minutes for three days. But by this point, Alysa had lost vision in the eye. For four months following the infection, which was diagnosed as *Pseudomonas aeruginosa*, Alysa was out of commission. With no depth perception, her Olympic dreams died.

Alysa adjusted to life with sight in only one eye, but as a former athlete and as a teenager, there were many normal, everyday things she could not do. "I would try to pour a glass of milk and I would miss the glass," Alysa recalls. And she knew she couldn't get her driver's license. Her only hope to resume a normal life was a cornea transplant.

"At any given time, more than 2,000 people may be waiting for transplants across Canada and wait times can vary from four or five months to three years," says Dr. Guillermo Rocha, a Manitoba cornea transplant surgeon and a member of the Canadian Ophthalmological Society.



Alysa Samaratunga, from Vancouver, B.C., is thankful for the cornea donation that restored sight in her right eye.

Although Dr. Rocha observes that cornea waitlists have improved slightly over the past few years, he asserts that Canada still needs a national strategy on organ and tissue donation and transplantation. Wait times vary widely across the country and cornea transplant surgeons typically manage their own wait lists. It's not that corneal tissue is particularly hard to come by; in fact, it's quite the opposite. "Of all the types of transplantations, I would say cornea transplant is the easiest," Rocha says. "You basically want a cornea that is healthy." Individuals who are near- or farsighted, for example, are still good candidates as cornea donors.

"The sad thing is that we know if we were elsewhere, like in the United States or even India or Colombia, they would be getting corneal tissue within two weeks," says Rocha. Waiting lists are almost nonexistent in other countries, including the U.S. and the U.K. "You can schedule a surgery there and you know a cornea will be available."

Alysa had her transplant at Mount St. Joseph's Hospital, Vancouver within 18 months of the initial infection and it changed her life. She is now in her last year of high school and is looking at a career in business. She's obtained her driver's license and re-entered the sports arena through competitive cheerleading.

"I am so thankful for the opportunity at having full sight again," says Alysa. "It's allowed me to live my life to the fullest without the limitations. I'm so grateful to the donor and I want the family to know I will make the most out of my second chance at full sight. My condolence goes out to the family who lost their loved one and I thank you for giving me the gift of sight again." Public opinion polls conducted by Canadian Blood Services have shown that 95 per cent of Canadians support the idea of organ and tissue donation. But only 51 per cent say they are willing to donate their organs and only 39 per cent say they are willing to donate their tissues.

There are not enough eye donors in Canada to meet the needs of Canadians, and new patients are being diagnosed and added to the waiting lists. Thousands continue to suffer from corneal blindness while they wait for a donor. Corneal blindness can be the result of injury, infection or disease. Eye donation is an opportunity to restore the sight of Canadians suffering from corneal blindness, and allow them to live a fuller life. Most people can become an eye donor. People who wear glasses can donate in most instances and individuals with cancer or diabetes may become eye donors.

"Families find comfort in knowing their loved one's last act was to give the gift of sight and life through eye and organ donation," says Dr. Martin McCarthy, Alysa's surgeon. "Please talk to your family about your wish to be an eye donor."

One donor can restore sight for two people and potentially help many more people in the transplantation of other organs and tissues. Sign up today. The ways to register or declare your intentions to donate vary from province to province. Go to organsandtissues.ca/donate and click on your province to find out how to become a donor.

Insight

The facts about cornea tissue, transplants and wait times

Blindness and vision degeneration due to conditions affecting the cornea are treatable. With cornea transplants, vision can be restored. But as shown by statistics (see below), the wait for transplants in Canada can be long and the effects of vision loss are grave.

An estimated 2,000 Canadians are waiting for a cornea transplant. Transplant wait times in Canada can vary from four or five months up to three years.

There are eight eye banks in Canada, excluding the province of Quebec.

Financial and societal costs of vision loss are significant.* People with vision loss typically experience the following:

- twice the risk of a fall or premature death
- low income — the employment rate of working-age adults with significant vision loss is only 32%, and 50% of adults with vision loss live in poverty
- more medication errors
- two to five times as much difficulty with daily living
- three times as much clinical depression
- twice as much social dependence

* "The Cost of Vision Loss in Canada," CNIB and the Canadian Ophthalmological Society, 2009


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Building bridges? Money for 'major infrastructure projects' will be in budget

Finance Minister Jim Flaherty says his upcoming federal budget will contain money for "major" infrastructure projects.

Flaherty told CTV's Question Period that infrastructure is a good investment, but the government must be prudent at the same time.

"There will be money for infrastructure, and very importantly, major infrastructure projects in Canada, major economic infrastructure projects," Flaherty said.

"It is all about the economy and jobs. I mean, that's the primary job of the federal government in this country. We will be investing and we will be ensuring that we move forward on the economic front, not just balance the budget."

One such project might be a second bridge between Detroit and Windsor, Ont. Reports earlier this month said Canada plans to start buying land on the Michigan side of the Detroit River to build the new crossing, a short distance from the existing Ambassador Bridge.

In its recent throne speech, the Harper government signalled it would spend billions of dollars over the next decade on major regional infrastructure projects. The throne speech explicitly mentioned the second Detroit-Windsor bridge, subways in the Greater Toronto Area, replacing the Champlain Bridge in Montreal and building Vancouver's Evergreen Line rapid-transit extension.

Any spending on infrastructure must get the approval of



Minister of Finance Jim Flaherty speaks in Toronto on Friday.

AARON VINCENT ELKAIM/THE CANADIAN PRESS

the federal auditor general, Flaherty told CTV.

Flaherty also says it's important that any federal infrastructure spending doesn't fall prey to corruption, as it has in some parts of the country — a thinly veiled reference to Quebec's construction scandals.

"We don't want any corruption. We don't want the kinds of inappropriate behaviour that we're seeing in some parts of the country when it comes to infrastructure," he said.

"So, we are careful, we are cautious. The infrastructure we build is built for economic purposes. It's not built to glorify somebody's ego."

The finance minister is set to release his budget on Tuesday.

THE CANADIAN PRESS

'Canadian Idol' doctor to stand trial for terrorism

Attack was months away: RCMP. Khurram Syed Sher faces charges related to alleged plot that stretched from Ottawa to Middle East

More than three years after his arrest, a man who once auditioned for Canadian Idol will face trial on a terrorism charge.

Khurram Syed Sher, a doctor of pathology from London, Ont., is to be tried by a judge alone in an Ottawa courtroom.

Sher, 31, was charged along with two other men in August 2010 with conspiracy to facilitate terrorism.

Following the sensational arrests, police said they seized terrorist literature, videos and manuals, along with dozens of electronic circuit boards allegedly designed to detonate homemade bombs remotely.

Police claimed the alleged plot stretched from Ottawa to Afghanistan, Dubai, Iran and Pakistan. A senior RCMP officer said at the time that an attack was still months away, but that the plotters were moving into a preparatory phase.

The McGill University graduate, who has been free on bail, worked as an anatomical pathologist at St. Thomas Elgin General Hospital in St. Thomas. He made international



Terror suspect Khurram Syed Sher, who was arrested in August on terrorism charges related to an alleged bomb plot, leaves the Ottawa Courthouse after being granted bail in 2010. SEAN KILPATRICK/THE CANADIAN PRESS

headlines shortly after his arrest when it emerged he had once sung and danced on the Canadian Idol program.

An undercover source working for Canada's main spy agency and sensitive intelligence from the United States and Britain helped build the case against the alleged conspirators, court documents indicate.

At least some of that infor-

mation came from the U.S. Federal Bureau of Investigation and the London Metropolitan Police in Britain, says an affidavit filed by the RCMP in the Federal Court of Canada.

The federal government applied under the Canada Evidence Act to maintain a cloak of secrecy over portions of the approximately 9,300 documents disclosed to defence

counsel in the criminal cases.

The government argued the sections must remain blacked out to prevent disclosure of information that would be "injurious to national security, international relations or national defence."

It is unclear how much — if any — of the material will come out during the trials.

A heavily edited court transcript of a closed-door proceeding Dec. 6, 2012, about the federal request for redactions indicates the Canadian Security Intelligence Service relied on an undercover source during the terrorism investigation.

"In fact, in this particular case, the information about the CSIS human source is contained in a number of affidavits for search warrants and wiretaps and so on," Andre Seguin, a lawyer with the Justice Department's national security group, said at one point.

Seguin noted that although the information had been disclosed to defence counsel, it remained sealed and could not be seen by the public.

In an affidavit filed in the Federal Court proceeding, CSIS official Bradley Evans said the spy service supported the federal request to keep certain information secret, saying that, if disclosed, it "could lead to the identification of a human source."

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Russia. Nun, parishioner killed, 6 wounded as man opens fire in cathedral

A man opened fire Sunday in a cathedral on Russia's Sakhalin Island in the Pacific, killing a nun and a parishioner and wounding six others, investigators said.

Law enforcement officers detained the 24-year-old man at the scene and were trying to determine why he had attacked the Russian Orthodox cathedral in the city of Yuzhno-Sakhalinsk, the federal Investigative Committee said in a statement. The man worked for a private security firm in the city and was armed with a rifle. His name was not released.

Concerns about security in Russia are especially high because of the Winter Olym-

pics in Sochi, but there was no apparent connection to the games. Sakhalin Island is about 7,500 kilometres from Sochi.

The six parishioners who were wounded were hit in the legs and their lives were not in danger, state news agency RIA Novosti reported, citing the regional archbishop.

The gunman entered the cathedral shortly after a service had ended and began shooting at parishioners and religious icons on the wall, priest Viktor Gorbach said in a telephone interview with the LifeNews cable television channel.

THE ASSOCIATED PRESS

Kashmir

Police hunt for official charged with sex assault

Police were searching Sunday for a lawmaker from Indian-controlled Kashmir who is wanted on charges of sexually assaulting a female doctor in the Himalayan territory, officials said.

Chief Judicial Magistrate Rajiv Gupta issued an arrest warrant for Shabir Ahmad Khan on Saturday based on a police complaint filed by the doctor last week.

Khan had resigned as Kashmir's junior health minister on Friday, but failed to appear when summoned by police investigating the case.

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Vienna. Iran, UN agency agree to expand probe into nuclear activities

The UN nuclear agency says Iran has agreed to let the agency expand its probe of Tehran's nuclear activities.

The UN's International Atomic Energy Agency says the two sides signed off this weekend in Tehran on "seven practical measures" to be implemented by Iran by May 15.

The IAEA statement gave no details Sunday.

The agency suspects that Iran worked secretly on nuclear arms, something Tehran denies.

Their investigation has been stalled for more than six years.

But the IAEA hopes to make progress under an agreement signed with Tehran in November that foresees a step-by-step approach to unresolved questions, starting with less sensitive issues and progressing to the arms-related queries.

Co-operation

7

Iran has agreed with the UN's nuclear agency to "seven practical measures" to be implemented by Iran by May 15.

The talks are separate from negotiations between Iran and six world powers on Tehran's known nuclear programs.

But both Iran and the IAEA spoke of progress in a process that the agency hopes will unroll as a step-by-step approach to unresolved questions, starting with less sensitive issues and progressing to the arms-related queries.

Nuclear physicist Yousaf Butt was quoted as welcoming the agreement as a "positive development."

THE ASSOCIATED PRESS

H1N1 virus

Egypt hit hard by swine flu

Egypt's Health Ministry says the number of people killed by swine flu in the country since December has reached 38.

In a statement Sunday, the ministry said that more than 1,300 people have been hospitalized after being infected by the virus.

On Tuesday, the govern-

ment reported 24 deaths from the virus.

In 2009, the global swine flu pandemic prompted Egyptian authorities to slaughter around 300,000 pigs previously used to dispose of the city's organic garbage. However, Jason McDonald, of the U.S.

Centers for Disease Control, has said that the virus is now most often transmitted from human to human, and not through contact with pigs. THE ASSOCIATED PRESS

Zoo giraffe killed; its genes not good enough

Copenhagen Zoo. Too many giraffes with similar genes in their breeding program so two-year-old shot; its meat fed to carnivores

Copenhagen Zoo turned down offers from other zoos and \$680,000 from a private individual to save the life of a healthy giraffe before killing and slaughtering it Sunday to follow inbreeding recommendations made by a European association.

The two-year-old male giraffe, named Marius, was put down using a bolt pistol and its meat will be fed to carnivores at the zoo, spokesman Tobias Stenbaek Bro said. Visitors, including children, were invited to watch while the giraffe was dissected.

Marius' plight triggered a wave of online protests and renewed debate about the conditions of zoo animals. Before the giraffe was killed, an online petition to save it had received 20,000 signatures.

Stenbaek Bro said the zoo, which has seven giraffes left, had received a recommendation to put down Marius by the 347 member European Association of Zoos and Aquariums because there were already a lot of giraffes with



The carcass of Marius, a male giraffe, is eaten by lions after he was put down at the Copenhagen Zoo on Sunday.

PHOTO: RASMUS FLINDT PEDERSEN/THE ASSOCIATED PRESS

similar genes in the breeding program.

Copenhagen Zoo turned down an offer from an individual who wanted to buy Marius; the spokesperson said zoos don't own the animals, but govern them, and can't sell them outside their organizations. "It is no secret that animals are killed when there is no longer space, or if the animals don't have genes that are interesting enough," said Animal Rights Sweden.

THE ASSOCIATED PRESS

'Stop visiting zoos?'

The zoo's scientific director Bengt Holst said the zoo doesn't give the giraffes contraceptives because they have "a number of unwanted side effects on the internal organs" and the zoo believes parental care is an important part of natural behaviour.

- When asked if other zoos had offered to take Mar-

ius, the zoo spokesman said yes but didn't specify numbers or which ones.

- The organization Animal Rights Sweden said the case highlights what zoos do to animals regularly.
- "The only way to stop this is to not visit zoos," the activist group said.

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Owners of Bangladesh factory where 112 died surrender, denied bail

The two owners of a Bangladesh garment factory who are facing homicide charges for a 2012 fire that killed 112 workers surrendered to a court Sunday and were denied bail.

The factory outside the capital, Dhaka, which produced clothing for big retailers including Walmart, had no emergency exits and its location in a narrow alley prevented firefighters from responding quickly to the deadly blaze in November 2012, said prosecutor Anwarul Kabir Babul.

The investigation found

that when the fire broke out, managers and security guards told workers it was part of a regular drill and it was too late for many to escape. Workers found the gates locked from outside as the fire engulfed the sprawling building, according to the investigation.

Police filed homicide charges Dec. 22 against 13 people in connection with the fire, including the owners of Tazreen Fashions Ltd., Delwar Hossain and his wife, Mahmuda Akter. Arrest warrants were issued Dec. 31 for six who police said had fled,

including the two owners.

After Hossain and Akter surrendered Sunday, a Dhaka court rejected their bail petition and ordered them to be jailed, pending further legal procedures.

If found guilty, the accused face a minimum of seven years and up to life in prison, Babul said. Of the 13 accused, four are still at large.

It's the first time Bangladesh has sought to prosecute factory owners in its lucrative garment industry, which is the world's second largest after China.

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On his first day on the job, the province's Minister of Health was warned by his staff of an "alarming shortage" of health workers, including Registered Nurses, in Nova Scotia. To help solve this serious problem, nurses have tried to negotiate for the introduction of **mandated nurse to patient ratios.**

Nurse to patient ratios would lead to better health care by ensuring a minimum number of nurses are at work in every area of Capital Health.

Research shows nurse to patient ratios work: they lead to reductions in complications, patient falls, infections, re-admissions, follow-up visits to the ER, and even mortality rates.

Nurses are adamant that they achieve mandated staffing levels at the bargaining table to ensure patient safety.

Unfortunately, so far Capital Health and the provincial government have refused to even talk about nurse to patient ratios and scheduling concerns.

NSGEU nurses have filed for conciliation. However, we have notified Capital Health that we are willing to return to bargaining in the interim, to have a serious discussion about how nurse to patient ratios can be implemented to help nurses improve patient safety.

We are still awaiting their response.

Learn more about how nurse to patient ratios help keep patients safe:



nsgeu.ca/nsgeu-nurses-put-patient-safety-first

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Don't just ride out the ups and downs

Take stock.

This RRSP season, go from passenger to driver



HOW TO ROLL
Alison Griffiths
metronews.ca

Inversions, helix turns and barrel rolls are vomit-inducing delights courtesy of the world's scariest roller coasters. But you don't need to travel to Cedar Point, Ohio, for a dose of fear. Just being invested in the stock market of late will suffice.

Daily triple-digit losses are starting almost to be normal. The S&P/TSX Composite has been gyrating between 12,000 and nearly 14,000 over the past year. The U.S. S&P 500 has been similarly volatile, especially in the last month.

Anemic next-day recoveries throughout January made the

Do your homework

It's often difficult to figure out the equity/fixed-income ratio with mutual funds, which can hold stocks, bonds and cash.

- If mutual funds are lumped together on your statement an adviser can give you a complete breakdown, or you will have to do a bit of leg-work yourself.
- If you have 75 per cent in equities, for example, be sure you're comfortable with the risk. Otherwise, reduce and be safe.

dips appear to be normal profit taking after a strong 2013. But last Monday's more than two per cent trouncing felt like the beginning of a rout.

With RRSP season upon us, investors are wondering

whether to retreat to the safety of cash, lest a 2008-09-style crash devastate retirement accounts. Those who made that move before the financial crisis was upon us — and then got back into the stock market at the bottom — did brilliantly. But hardly anyone got that bet right.

I don't believe in staying the course and waiting out volatility. Rather, everyone should take a hard look at holdings before investing more money. Automatic investment plans are great conveniences. But they tend to put one in, well, automatic mode.

Before doing anything this RRSP season, look at your equity/fixed-income ratio or asset allocation. Chances are equities have risen as a percentage of the portfolio because of the 2013 market run.

Don't let that continue. Funnel new contributions into fixed income or adjust your automatic investment plan away from equities.



Airlines weighed down by baggage of soaring customer service complaints

A weary traveller searches for her luggage in the baggage-claim area at Toronto's Pearson International Airport in January after a ground stop delayed or cancelled hundreds of flights and created a huge backlog. In its annual report, the Canadian Transportation Agency says it received 301 complaints against eight Canadian carriers in 2012-2013, up from 215 complaints in 2011-2012. Quality-of-service complaints — including allegations about rude, unhelpful staff and poor communication — were the most common for the seventh year in a row. RANDY RISLING/TORSTAR NEWS SERVICE

U.S. jobs data dips down

Another thing to pin on the polar vortex?

It could be another volatile week on stock markets as traders are again forced to weigh the distorting effects of harsh winter weather on U.S. employment data.

Markets ended last week

positive, with the TSX up 0.67 per cent and the Dow industrials ahead 0.6 per cent, as traders tried to make the best of January employment data showing the U.S. economy created only 113,000 jobs against the 180,000 that had been expected. That followed a meagre 74,000 gain in December, another month

of harsh weather.

Despite the overall gains for the week, there were huge swings on both the TSX and the Dow after data for China and the U.S. showed a slowdown in manufacturing, raising concerns about whether economic problems in emerging markets can be contained. THE CANADIAN PRESS

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WE NEED SOME MAJOR REVIEWS

Back in late September 2013, in the warm afterglow of the celebration of yet another Right to Know Week in Canada and the publication of yet another report decrying the creaking weaknesses in Nova Scotia's 35-year-old freedom of information legislation, Freedom of Information Review Officer Dulcie McCallum expressed guarded optimism.

Both Liberal leader Stephen McNeil and Tory leader Jamie Baillie — campaigning, it should be noted, in a provincial election at the time — had “unequivocally” agreed to the report's three specific recommendations to modernize the act.

Better, the leaders of all three parties had responded “positively” to a letter from McCallum — a former British Columbia ombudsman who'd taken on the Nova Scotia job in 2007 — calling for yet another critical legislative reset: “To ensure true independence from government, make the review officer an officer of the legislature, like the auditor general and ombudsman.”



URBAN COMPASS
Stephen Kimber

halifax@metronews.ca

Those positive vibes from the political leaders, McCallum wrote at the time, “tells me that there is an overall appreciation of the need to reform our access legislation.”

Four months and one government later, Stephen McNeil publicly demonstrated his “unequivocal” support for more open, responsive and accountable government: he fired Dulcie McCallum.

On January 17, McNeil's new government — having given her no reason to suspect it would not reappoint her — informed McCallum it was saying, thank you for your “excellent service,” here's your two weeks notice, goodbye.

The government, she was told, wanted to appoint its own candidate for the position.

Uh ... wasn't that the problem — that the government of the day, which will almost inevitably find itself in the crosshairs of any review officer worthy of the name, gets to hire and fire the person — that McCallum's legislative appoint-

Campaigning Stephen vs. Governing Stephen

Four months and one government later, Stephen McNeil publicly demonstrated his “unequivocal” support for more open, responsive and accountable government: he fired Dulcie McCallum.

ment proposal was designed to fix? And didn't Stephen McNeil respond “positively” to the idea?

Or was that Campaigning Stephen vs. Governing Stephen?

Will the government now follow its own rapidly evolving tradition and appoint a party stalwart — perhaps one with a “re-jigged” resumé — to the job?

Or will McNeil seize the opportunity, declare it had been, ahem, his intention all along to use this opportunity to amend the legislation and then turn the appointment of a new review officer over to the legislature?

Hold your breath ... but not too long.

ZOOM

Since it's not in the Olympics yet ...



CLEMENT ALLARD/THE CANADIAN PRESS

Cheese trumps insurance at Carnival

Team Fromagerie Ile aux Grues, pictured in red, won the ice canoe race on the St. Lawrence River as part of Quebec's Winter Carnival activities Sunday in Quebec City. Team La Capitale insurance, in blue, finished second.

Ice canoeing started as a

gruelling, dangerous, necessary means of transportation to cross the frozen Saint Lawrence River during the winter. The legend is that the racing began as a competition between families for the contract to deliver the mail. Now there's several regular annual races, including at Quebec City's Carnaval de Quebec, the biggest winter carnival in the world. More

than 40 teams compete, struggling with the powerful current, great chunks of ice and numbing water.

Other Carnival activities for the 17-day festival include night parades, ice fishing, concerts, snow sculptures, slide runs, horse-drawn sleigh or dogsled rides, skating and a giant foot ball game.

THE CANADIAN PRESS/
CANADACOOOL.COM

Sorry, Sochi

The race is the main event of the carnival. The teams race across the St. Lawrence River from Quebec City (Basin Louise) to Lévis, and back. The St. Lawrence is the only place in the world where this sport is practised.

WE ACT: CANADA DOES GOOD

Q&A with an inner-city community builder



CONTRIBUTED

Each month, we learn about Canadians across the nation who are up to a whole lot of good. Here's one we'd like you to meet.

Who: Jamil Mahmood, grassroots community development leader

Where: Winnipeg, MB

What: Community leader

Why: “When you make little steps at the community level, it has a lot of impact.”

Nine years ago, Mahmood's passion for community development led him to Winnipeg's public gardens to co-ordinate summer programs for the Spence Neighbourhood Association. There, he met many youth and learned about the challenges they faced and the dialogue they wanted to start around improving their community. They just needed an activity to get the ball rolling.

So Mahmood started a soccer program. What started as kids kicking a ball around a field has grown into the inner city's largest sports program—one of many community initiatives he oversees.

What's the first step of getting involved?

“Getting to know people. Before I started doing work with community members, I always got to know what they're about. Hearing families' stories and challenges was eye-opening.”

Most rewarding part of your work? “Last year a youth that played on our first-ever team got a full-ride basketball scholarship to the University of Victoria. When you give kids an opportunity to play and they run with it, you know you're doing something right!”

CRAIG AND MARC KIELBURGER

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Addison Timlin and Anton Yelchin star in *Odd Thomas*, part of the Sinister Cinema series. CONTRIBUTED

That odd thing called love

Addison Timlin.

Actress talks about her leading lady role in the Dean-Koontz-penned *Odd Thomas*

CHRIS
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There's something odd about *Odd Thomas*, both the film and the same-named protagonist played by *Fright Night*'s Anton Yelchin.

The eerie, lively and amusing supernatural adventure (which opens this Friday in Canada and is directed by The

Mummy's Stephen Sommers) is an adaptation of the celebrated cult novel by horror-meister Dean Koontz in which sweet-natured short order cook Odd uses his uncanny ability to "see dead people" to avenge ghosts, battle a human fungus and save the world.

But behind every good monster-hunting man is a good — and tolerant — woman, and Odd's main squeeze is the lovely Stormy Llewellyn played by the equally lovely Addison Timlin (*Zero Hour*). Playing a beloved character with literary origins wasn't a task taken lightly by the 22-year-old actress.

"First and foremost," Timlin says, "you have to share the character."

"Stormy was not my own, I had to create a version of her. I had to find a way to capture how lovely her spirit was and I did read the books. There was plenty of highlighting and tons of notes. And since Anton helped find his character by training with a real fry cook, I ended up working at an ice cream parlor in New Mexico. Seriously."

Such dedication to sculpting a multidimensional character in an effects-heavy supernatural horror-drama is to be commended. The result of both Yelchin and Timlin's methods is a palpable on-screen romance that — although never really explained — is genuinely moving, a rare chemistry that

is refreshingly bereft of exposition.

"It's really very simple," says the actress. "We all decided that when you're really in love, your whole world becomes that thing, two people who really understand each other, who have certain attributes of each others' personalities in each other, who have this rapport with each other."

"I'm a sucker for romance in any case and that's what drew me to the film first and foremost, its love story."

And for those viewers cautious of watching an intimate dark fantasy drama helmed by one of Hollywood's most indulgent directors (*Outside of The Mummy* films, Sommers also

Sinister Cinema

Odd Thomas is part of Cineplex's Sinister Cinema series. For more information on screening times and locations, visit cineplex.com.

directed the bloated *Van Helsing* and *G.I. Joe*), Timlin assures that Sommers had complete control. "I think people forget that before *The Mummy*, Stephen was a writer first. He has a good eye for moments between people and a genuine love for storytelling. And Dean Koontz loves the movie, which should tell you something!"

TOP
SIX@6

Weeknights at 6 K8 counts down the HOTTEST songs of the day

6 Avicii Hey Brother

5 Pitbull ft Ke\$ha Timber

4 Katy Perry Ft Juicy J Dark Horse

3 A Great Big World ft Christina Aguilera Say Something

2 Eminem ft Rihanna The Monster

1 Lady Gaga Do What U Want

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LaBeouf: Now plagiarizing for press conferences, too

Welcome to the deep end, Shia LaBeouf. The actor, who has had quite the time of it these past few months, is racking up more weirdness points after showing up at a press conference for Nymphomaniac in Berlin on Sunday looking filthy, "missing a lower tooth," and then storming out after uttering a nonsensical quote. Oh, and then he showed up on the red carpet with a bag on his head. And all of this was after he almost got into a fight with three "fans" in a hotel lobby on Saturday after they tried to take his picture.

So, let's backtrack a bit: In December, it was discovered that LaBeouf's new short film, HowardCantour.com, was basically lifted from a 2007 comic by Ghost World author Dan Clowes. A huge firestorm erupted. LaBeouf took to sky-writing to apologize, inscribing, "I'm sorry Daniel Clowes" over Los Angeles on New Year's Day.

Now back to the Nymphomaniac press conference. Someone asked him this softball question: What did he think about doing a movie with so many sex scenes? He



Shia LaBeouf at the Berlin Film Festival. GETTY IMAGES

paused several beats, then replied, "When the seagulls follow the trawler, it's because they think sardines will be thrown into the sea. Thank you very much." He then left the room while his costars looked on and then softly applauded.

At first, everyone thought that LaBeouf actually said something not plagiarized for once, but that dream was quickly erased. Turns out, LaBeouf's line was borrowed from French soccer player Eric Cantona, who baffled reporters with it in the mid-1990s following his suspension for a flying kick on a heckler.

Later on Sunday, LaBeouf showed up on the red carpet with the bag on his head. Because, well, why not?

WITH FILES FROM THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Poor Paltrow gets the push from her neighbours



STARGAZING
Malene Arpe
scene@metronews.ca

Gwyneth Paltrow is selling her London house, reportedly because all the neighbours dislike her. That is such a mean, terrible lie. She's being forced to move because the neighbours all refuse to wear organically sourced cotton and it hurts her eyes.

J.K. Rowling says that she very much regrets Hermione and Ron's romantic relationship and that she



now believes Hermione should have ended up with Harry. It's infuriating and upsetting news but, fortunately for everybody, those people DON'T EXIST.

Queen Elizabeth has reportedly told Duchess Kate to lower her hemlines and to start wearing more traditional jewelry such as tiaras. Not because the Queen really cares, but it's the little things that keep life fun.

Valentino left holding the bag for photo promo gaffe

The fashion house Valentino has apologized for touting in an email blast to journalists that one of their pricey bags was carried by Amy Adams as she stepped from a car at the wake of Philip Seymour Hoffman.

Much was made of the promotional email sent Friday, complete with two photos of Adams outside the Thursday wake. Valentino said in a statement that quickly followed that the company didn't realize the photos were snapped at the sad gathering of loved ones for Hoffman, who was found dead Feb. 2 of an apparent heroin overdose in his apartment.

Hoffman, 46, co-starred with Adams in The Master and both his wake, and funeral the next day, were attended by numerous celebrities, Adams included. "We sincerely regret releasing a photo to the media ... of Amy Adams with a Valentino Bag. We were not aware the photograph was taken while she was attending the wake of Philip Seymour Hoffman. It was



Valentino is under fire for sending out a photo of Adams carrying one of the company's bags at Philip Seymour Hoffman's wake.

THE ASSOCIATED PRESS

an innocent mistake and we apologize to Ms. Adams who was not aware, or a part of, our PR efforts," said the regretful statement signed by Mona Swanson, vice-president of communications for Valentino USA. THE ASSOCIATED PRESS

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This season, would you please pass the catch-up?

Leave that loan alone. When it comes to your RRSPs, 'tis nobler to stock up on contributions than to borrow that cash



GAIL VAZ-OXLADE
Gail blogs daily at
gailvazoxlade.com

Every RRSP season I get a slew of letters from people who want to ask me about borrowing money to catch-up unused RRSP contribution room. Their bankers have convinced them to borrow big-time to catch up on all the RRSP contributions they hadn't made.

I thought this might be on more than one person's mind since it's RRSP season and the marketing material is flying in the door at a wicked clip. Remember that by its nature, marketing material is designed to show you the positive side of a strategy so you'll want to take advantage of the "offer." But not all offers are worthy of your attention.

Let's take the case of Nancy, who wants to borrow \$45,000 to catch-up her unused RRSP room. When I brought up Scotiabank's calculator, the default interest rate was 7.5 per cent. Nancy plans to repay \$530 a month.

Assuming Nancy applies her tax refund — Scotia's calculator says it'll be \$15,750 — to her catch up loan, it will take Nancy 10 years to get out from under this debt and it'll cost over \$7,000 in interest by the time the loan is repaid, assuming her interest rate does not go up one iota over the next decade. Hmmm. I wouldn't take that bet!

But hang on a second. That tax refund might not be right.



It's that time of the year again and you're itching to make an easy go of your RRSPs. Avoid a quick solution and pack your piggy bank instead. iSTOCK

That's gonna cost ya

I'm not a fan of catch-up loans. I think they play into people's needs for immediate gratification. And that immediate gratification comes with a hefty price tag in terms of the interest cost.

Gail Vaz-Oxlade

Since we pay tax on a sliding scale, as the deduction is applied, Nancy's marginal tax rate might go down so that instead of getting a \$15,750 refund, she ends up with less.

The calculator doesn't take that into consideration, nor do most of scenarios in

those marketing brochures. The result is that people get back less in taxes than they imagined and get stuck paying back their loan for longer.

Do I think this is a good idea? I DO NOT.

If interest rates go up, Nancy could find her higher payments putting more pressure on her budget, since the loan rate is only fixed for the first year.

And with a loan repayment eating up a large slice of her budget pie, will Nancy be able to afford to make her regular RRSP contributions? If the answer is "No," at the end of the catch-up loan she would have to catch up the contributions she didn't make while she was repaying the loan. Sounds like a catch-22 to me.

Here's an option Nancy might want to consider. She

RRSP-ECT GAIL!

Don't even bother trying to come up with an excuse for why you can't save a dollar a day. It'll be lame.

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could set up a monthly investment plan and contribute the amounts she would have paid on the loan to her RRSP. It may take a little longer

to catch up, but she would have no interest costs. All her money will be working for her instead of making a bank even more profitable.

I'm not a fan of catch-up loans. I think they play into people's needs for immediate gratification. And that immediate gratification comes with a hefty price tag in terms of the interest cost.

Saving and investing are long-term, slow and steady propositions. If you want to catch up your RRSP unused contribution room, trim back on your expenses or make enough extra money to sock away what you want. Don't borrow it.

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metro

Slavery myths in Canada

Myth No. 1

Slavery never existed in Canada, right?

Many Canadians are under the assumption that slavery never existed in Canada (or not at the same levels found in the U.S.), which is false.

The first recorded slave to arrive in Canada was a six-year-old boy named Olivier le Jeune from Madagascar in 1628. Most slaves were imported from other British colonies and the Americas.

Myth No. 2

Canada was the first to abolish slavery before other parts of the world followed suit.

Politicians enacted legislation in 1793 that set limitations on slavery in the country. The 1793 bill meant anyone born a slave would secure his freedom when he turned 25. At the time, the average lifespan of a slave was 20 to 25 years. But slavery wasn't officially abolished until 1833 when Britain abolished it.

Myth No. 3

Weren't all black slaves who escaped to Canada from the U.S. afforded all the civil liberties enjoyed by other European Canadians?

Despite the warm and fuzzy images and scenes displayed in most current-day slave narratives, black slaves who escaped to Canada faced discrimination, violence and segregation. Unlike racist legislation, like the Jim Crow laws, passed in the U.S., Canada had largely unwritten racist codes, which many could argue made it more difficult for black people in Canada.

Myth No. 4

Slaves who escaped north lived out the rest of their lives in Canada.

Some former slaves left Canada for the U.S. once slavery was abolished in America to escape difficulties in Canada and for chances at upward mobility afforded to them by moving to cities with higher black populations. Entire generations of black Canadians were completely lost to Canadian history by moving to the U.S.

TAKARA SMALL

Canada's unknown slave-owning past

Black History Month. Historians believe about 5,000 slaves were brought to the country. Their stories are often left out of the history books



TAKARA SMALL
life@metronews.ca

You've heard this story before: A group of slaves escape for freedom in the middle of the night. But here's the twist: These slaves weren't running toward Canada. They were running from it — fleeing from Canadian slave owners and headed for freedom in Detroit.

While American slavery is having a moment in Hollywood thanks to the Oscar-nominated film 12 Years a Slave, the story of Canadian slaves — whose lives were as unjust and inhumane as those in the south — has largely been ignored.

"We tend to think of it as 'not in my backyard' myth about slavery," says Delorean Kilen, project coordinator at the Ontario Black History Society. "People don't remember

that slavery existed here because we've been 'slave-free' longer than the U.S."

Slavery existed in Canada for more than 200 years and was officially abolished 30 years before the Emancipation Proclamation order was issued by U.S. President Abraham Lincoln.

Historians believe there was an estimated 5,000 slaves who were forcibly brought to Canada, either directly as property, or shipped through the trans-Atlantic slave trade from other British colonies.

In 1793, Upper Canada outlawed importing slaves and the practice was officially abolished in 1833 alongside the rest of the British Empire.

"It's something that people don't want to talk about and are not comfortable talking about," says Natasha Henry, a historian and educator. "Slavery was used as a tool for both (British and Canadian) colonies. 'By ignoring that, we're not portraying a complete history of Canada.'"

Rosemary Sadlier is one of many Canadians whose roots reach back to pre-Confederation. Her mother's family can be traced to 1840, while her father's ancestors arrived in



This painting, originally entitled Portrait of Negro Slave, is one of very few public pieces of art that depicts a black Canadian slave. COURTESY MONTREAL MUSEUM OF FINE ARTS

New Brunswick in 1793.

"Everyone assumes that everyone who is black is a re-

cent immigrant, but there are thousands of black Canadians who have been here since the

Quoted

"The legacy of the underground railroad is positive and empowering but what that legacy does is that it blinds us and obscures the other things that were going on before the railroad. We had slavery in Canada, it just ended sooner."

Rosemary Sadlier, a descendant of Canadian slaves

founding of the country," says Sadlier, an author and recipient of the Order of Ontario.

"In my younger years I didn't come away with a real sense of my family's historic contributions to this country and I think there's a way that we are made to feel to various measures that we aren't the same, we haven't paid our dues, we're visitors in someone else's country," she says. "When you have something like black history, it changes all of those stereotypes because you can't be an unwelcome visitor in a country that's your own."

Charmaine Nelson, an art historian and professor at Montreal's McGill University, believes a heavy dose of corrective action is needed to educate people who see slavery as only an American experience.

"We don't ever want to take

credit for slavery in Canada so we have to keep it out there in the tropics or the U.S.," she says.

Photos and portraits that depict slavery in Canada are not easily found or publicized, which adds to the difficulty Nelson and other educators have when talking and teaching the public about this stain on our nation's history.

A painting originally called Portrait of Negro Slave is one of the few items that gives a face to slavery in Canada. The name of the portrait was controversially changed to Portrait of a Haitian Woman.

"The renaming in effect expels slavery from Montreal and Quebec, rendering it only a troubling history of tropical colonies like Haiti and not one of immediate concern to Canadians," said Nelson.



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Skinny dip your favourite fruit



This fondue contains 240 calories per serving. ROSE REISMAN

Sweet Week. Prepare to feel your teeth ache as Metro gets in the mood with a different Valentine's recipe each day this week



ROSE REISMAN
For more, visit
rosereisman.com or
follow her on twitter
@rosereisman

What makes for a more outstanding Valentine's Day than ending a meal with a luscious chocolate fondue? It's perfect for the romantic couple as well as a great family treat. Not to mention, a bubbling pot of melted silky chocolate during the coldest month of the year will warm up anyone's heart.

My Baileys Light Chocolate Fondue is not an oxymoron! You can definitely have your chocolate and eat it too, without worrying about excess calories, fat and cholesterol. My

fondue recipe uses 2 per cent evaporated milk rather than heavy cream, which is traditionally used.

If you want more antioxidants use chocolate with a higher percentage of cocoa. But above 70 per cent cocoa is too bitter for a fondue. Semi sweet has around 35 per cent cocoa content and suits this recipe well. You can also experiment with white or milk chocolate, but you may have to add more evaporated milk.

Any liqueur of your choice will work or you can omit completely. My favourites include Kahlua, crème de menthe, Frangelico or fruit liqueur.

If you don't have a fondue set, just serve in a decorative heat proof bowl surrounded by the dipping ingredients.

Leftover fondue can be refrigerated and reheated for the next dipping party.

Directions

1. In a small saucepan on the lowest heat, combine chocolate and evaporated milk. Whisk constantly for 3 min-

FLASH FOOD



From your fridge
to your table in
30 minutes or less

utes just until chocolate is melted.

2. Add sugar, corn syrup and Baileys and simmer for 5 minutes on the lowest heat, whisking constantly.

3. Place in a bowl or fondue set with ingredients to be dipped.

Ingredients

- 8 oz semi sweet chocolate chips
- 1/2 cup 2% evaporated milk
- 1 cup icing sugar
- 2 tbsp corn syrup
- 2 tbsp Baileys liqueur
- 4 cups combined sliced fruits, dried fruits, mini marshmallows



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Steal the spotlight from cheesy cards

This Valentine's Day, get ready to melt your lover's heart with this seductive recipe from Dairy Farmers of Canada.

Begin the evening by firing up the flame of eternal love with the ultimate romantic sharable dish, Canadian Swiss and Canadian Gruyère Cheese Fondue. Both your hearts are bound to melt as you feed each other cubes of bread and flavourful raw vegetables coated in a delicious creamy mixture of Canadian cheese.

Ingredients

- 1 garlic clove, halved
- 1 baguette bread, slightly stale, cut into large cubes
- 1 tbsp (15 ml) all-purpose flour
- 1 lb (450 g) Canadian Swiss cheese, grated
- 1 lb (450 g) Canadian Gruyère cheese, grated
- 1 1/2 cups (375 ml) dry white wine
- 1/3 cup (80 ml) kirsch
- Pinch of grated nutmeg
- Freshly ground black pepper



This recipe serves four. DAIRYGOODNESS.CA

Cupid himself will be asking you for your secrets.

1. Rub bottom and sides of a fondue pot with garlic. Place a basket filled with bread cubes on the table.

2. Mix flour and cheeses.

3. Pour wine into the fondue pot and heat over medium heat. Gradually add about a third of the grated Canadian

Swiss and Canadian Gruyère cheese, stirring constantly with a wooden spoon until cheese has melted and the mixture begins to bubble.

4. Continue stirring while gradually adding remaining Canadian Swiss and Canadian Gruyère cheese. Add kirsch and nutmeg, season with pepper and place fondue pot on a lit alcohol burner.

DAIRYGOODNESS.CA

Lakeshore's Murphy captures Tankard in style



Skip Jamie Murphy throws a rock against team Mark Dacey during the final match of the men's Tankard at the Halifax Curling Club on Sunday. JEFF HARPER/METRO

Curling. Dacey's rink will miss Brier after rough start at Halifax Curling Club



ANDREW RANKIN
andrew.rankin@metronews.ca

Jamie Murphy needed to come up big on his last shot, and he did exactly that.

Up by one in the 10th and final end, the 32-year-old skip from Lakeshore nailed a double takeout on his final shot, scoring three more in the process, to beat out Mayflower's Mark Dacey 12-8, capturing the Nova Scotia Tankard at the Halifax Curling Club on Sunday afternoon.

"To win this way is unbelievable," said a visibly moved Murphy after the win.

"They just never gave up. Mark is an unbelievable skip and he knows how to keep his guys in the game. We knew it was going to go right to the end."

In the end, the former men's national champion couldn't completely climb out

of a 4-0 first-end hole. Ultimately, Murphy's rink of Jordan Pinder, Mike Bardsley, Donald McDermaid and Kyle Schmeisser was the better team, topping Dacey in all three of their matchups over the five-day tournament.

"We know his game, and we get fired up to play him," said Murphy. "We say it every year: To win the Tankard, you have to go through Mark. He's got tons of experience, and he's unbelievable."

Now Murphy and Co. will represent Nova Scotia at the Tim Horton Brier, from March 1 to 9 in Kamloops. It will be his second trip to the national championship.

"It's unbelievable," added Murphy. "The first one was awesome but I can't wait to get back."

Dacey's lead Andrew Gibson admitted that a rough start ultimately led to his rink's downfall.

"We got off to a slow start, giving them four in the first," said Gibson. "But we showed a lot of character fighting back and left them a fairly difficult shot for the win. But (Murphy) pulled it off and made a great shot to win it."

Mooseheads' best are struggling



Jonathan Drouin METRO

It wasn't close to the bounce-back performance the Halifax Mooseheads were hoping for.

Less than 24 hours after being shut out in a 1-0 shootout home loss to Rimouski, the Herd's big guns were silenced once again in a 6-2 loss to the Moncton Wildcats before 5,572 fans at the Moncton Coliseum on Sunday afternoon.

"We had a lot of chances but we couldn't capitalize on enough of them," said Mooseheads head coach Dominique Ducharme.

After a scoreless opening frame, the Wildcats answered with three straight goals before Austyn Hardie finally stopped the bleeding for the Mooseheads, who outshot the home squad 49-27. But the Wildcats responded with two more tallies to dash a comeback.

For the second straight game, the Mooseheads' top scorers Jonathan Drouin and Nikolaj Ehlers were held off the scoreboard.

The Mooseheads registered 91 shots over both losses.

"Right now, it might be because (Ehlers) is overthinking, maybe a little lack of confidence."

Mooseheads goalie Zachary Fucile struggled between the pipes and was pulled early in the third period after allowing four goals on 20 shots.

The Mooseheads sit at 34-18-0-3.

They're are back in action on Wednesday at home against the Cape Breton Screaming Eagles.

ANDREW RANKIN/METRO

NBL Canada

It's a Miracle, Rainmen win

A day after falling 114-105 to the Island Storm, the Halifax Rainmen rebounded with a 108-99 win over the Miracles for their first road win of the season at the Moncton Coliseum on Saturday night.

Forward Jason Williams paced the Rainmen (7-25) with 29 points and 19 boards, while Miracles guard Johnny Mayhane led all scorers with 32 points.

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4 SPORTS

Bittersweet silver for Virtue, Moir

Figure skating.

Canada places second in inaugural team event, but duo worried about ground lost to American rivals

Scott Moir peered up the point spread and cursed quietly under his breath.

Then somebody reminded him he'd just won an Olympic medal.

Canada captured silver in the new team figure skating event at the Sochi Olympics on Sunday, but it came with mixed feelings.

Elation for Kevin Reynolds, who filled in admirably for Patrick Chan in his first international event this season. Shock for Tessa Virtue and Moir, who lost to American ice dance rivals Meryl Davis and Charlie White by their largest margin ever.

"We got smoked today, not even close," said Moir, Canada's team captain. "We just can't be that way ... it's not fun to be seven points behind in the free program. We don't plan on being there in a week."

Cheered on by an arena filled largely by its countrymen, President Vladimir Putin, and a burly man banging on a huge bass drum, Russia clinched its first gold medal

Quoted

"We'll take a night here and celebrate with our team, but you can already see the wheels turning in my head..."

Scott Moir



Tessa Virtue and Scott Moir perform their free dance in the ice dance portion of the team figure skating event on Sunday in Sochi, Russia. MATTHEW STOCKMAN/GETTY IMAGES

of the Games with a dominant 75 of a possible 80 points. The Canadians had 65, five more than the third-place Americans.

The nine-member Canadian team — Virtue and Moir, Chan, Reynolds, Kaetlyn Osmond, Meagan Duhamel and Eric Radford and Kirsten Moore-Towers and Dylan Moscovitch — grabbed each other in a massive group hug afterward.

They clasped hands in a Broadway style bow in the flower ceremony. Moir, however, didn't get a bouquet — the presenters were somehow one bouquet short — so Virtue reached over and clasped his hand and they held her flowers together.

In the post-podium victory

lap, Moir sailed a huge Canadian flag over his head.

"We couldn't be happier for our team," Virtue said. "It's been so much fun to cheer on our teammates all week long, they've had a lot of personal bests, a lot of special Olympic moments and it doesn't get any better than that."

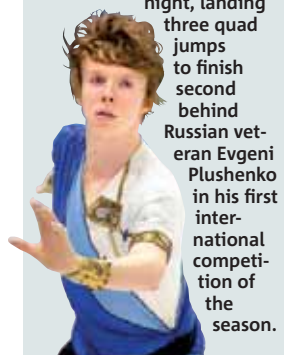
But Canada's defending ice dance champions have to hope for much better when their individual event begins next Sunday.

Davis and White, who had never beaten the Canadians in the free dance by more than about a point-and-a-half, scored 114.34, topping them on the technical score and all five components — what used to be the artistic — scores.

THE CANADIAN PRESS

Highlight of the night

Kevin Reynolds, a shaggy-haired 23-year-old from Coquitlam, B.C., had Canada's best performance of the night, landing three quad jumps to finish second behind Russian veteran Evgeni Plushenko in his first international competition of the season.



to finish second behind Russian veteran Evgeni Plushenko in his first international competition of the season.



Day 2 roundup. Canada takes step backward from historic opening day

After a best opening day ever at a Winter Olympics, Canada cooled on Day 2 with a single silver medal in figure skating.

The second-place finish in the new team event gave Canada a total of four medals at the 2014 Winter Games in Sochi, Russia.

Canada opened with a medal of every colour Saturday, including Justine Dufour-Lapointe's gold in women's moguls.

The stated objective for Canada is to win the overall medal count after finishing third with 26 in 2010.

THE GOOD

Canada's figure skaters should feel good about themselves heading into their individual events after capturing silver in the new team event. A showdown is brewing in men's singles between Canada's Patrick Chan and Russia's Evgeni Plushenko.



THE BAD

• Snowboard slopestyle world champion Spencer O'Brien of Courtenay, B.C., had a rough day at Rosa Khutor Extreme Park and finished last. A tearful O'Brien told reporters she was "really sad that I let Canada down."

• No medal in men's downhill, although Erik Guay of Mont Tremblant, Que., Manny Osborne-Paradis of Invermere, B.C. and Calgary's Jan Hudec have another chance in Sunday's super-G to end a 20-year medal drought in alpine skiing.

• Alex Harvey of St-Ferriol-les-Neiges, Que., will have



more chances at a cross-country medal at these Winter Games, but he was 18th in his first attempt in the men's skiathlon.

Canada's Sunday grade: C
THE CANADIAN PRESS

'Give them time'

Gay ski jumper confident Russia will change laws

An openly gay women's ski jumper says protests against Russia's law banning homosexual "propaganda" aimed at minors aren't worth it because "no one cares."

Daniela Iraschko-Stolz of Austria, who is a gold medal favourite in the women's normal hill, married partner Isabel Stolz last year.

"I don't think it's a good idea to make protests here, no one cares," she said after training Sunday. "I know Russia will go and make

the right steps in the future and we should give them time." THE ASSOCIATED PRESS

Luge

Fennell improves standing to 27th

Canadian John Fennell made up ground Sunday in the men's luge event at the Sochi Games.

The son of Canadian Football Hall of Famer Dave Fennell finished 27th overall with a four-run time of three minutes 32.716 seconds.

But through the opening two runs Saturday, the six-foot-three, 203-pound Fennell was 30th overall with a combined time of 1:46.911.

THE CANADIAN PRESS

Chan savours his first Olympic medal



Patrick Chan cheers on his peers on Sunday in Sochi. DARRON CUMMINGS/THE ASSOCIATED PRESS

Patrick Chan collected his first Olympic medal Sunday, with the hope of more to come in the men's individual figure skating event.

But after watching teammate Kevin Reynolds, singles competitor Kaetlyn Osmond and ice dancers Scott Moir and Tessa Virtue wrap up the inaugural Olympic team figure skating competition, the three-time world champion from Toronto was feeling

Quoted

"And to win a medal and to have such teammates, it really makes me proud to be Canadian." Patrick Chan

the glow of a Canadian silver medal.

Chan skated the short program to kick off the team event Thursday. Chan was

fifth four years ago at the Olympics in Vancouver.

The 23-year-old Chan was on hand to cheer on his teammates in the Iceberg Skating Palace at the three-day event.

"Extremely nice," he said of winning a medal, which will be awarded at a ceremony Monday. "It's surreal, it's extremely surreal."

The men's event will begin on Thursday and conclude Friday. THE CANADIAN PRESS

Sister act strikes gold for Canada



Canadian sisters Justine Dufour-Lapointe, left, and Chloe Dufour-Lapointe show off their gold and silver medals from women's freestyle moguls at the 2014 Sochi Winter Olympics on Sunday. NATHAN DENETTE/THE CANADIAN PRESS

Sochi 2014. Freestyle skiers Justine and Chloe Dufour-Lapointe make Canadian Olympic history

Skiing sisters Justine and Chloe Dufour-Lapointe won over many new fans as the first Canadian siblings to medal in the same Olympic event.

But in a packed news conference Sunday, Chloe wept as she reflected on two of their most important influences: their parents.

"I'm sorry, I'm overwhelmed," said the 22-year-old women's moguls silver-medallist. "This is the best moment in my life."

She said she and her two sisters — 19-year-old gold-medallist Justine and 25-year-old Maxime, who competed in the same event but didn't place — knew they couldn't let their parents down after they'd made sure their

daughters had everything they needed to participate in sports.

"You would think that it's not a big deal because it's a run down the hill," Chloe Dufour-Lapointe said. "But there are years of training behind it and I just told myself, 'You have to be very brave; you have to do what you can.'"

The moment loosened up a tightly orchestrated news conference, with French and English-speaking journalists squabbling about which language answers should be spoken in and where everyone should stand when the athletes entered the room with their parents.

The middle sister made the affair a family celebration, where the girls and their parents talked about sharing pea soup, summers on a sailboat and sibling rivalry.

And the future, too — Maxime said she plans to definitely compete again to try to match her sisters, and Justine speculated about launching a clothing line.

Sitting next to them, their

Bump and Jump

If Alexandre Bilodeau of Rosemère, Que., and Mikael Kingsbury of Deux-Montagnes, Que., continue their dominance, Canadians will be celebrating another 1-2 finish in moguls on Monday.

- **Double Trouble.** The two skiers have dominated the World Cup circuit this season and Bilodeau is the defending champion after his 2010 win where he became the first ever Canadian to win Olympic gold on home soil.

father, Yves Lapointe, was asked about the sacrifices he'd made to get them to that point.

The engineer said he wouldn't put things that way. "It's all about choices — what you want to do," he said. "Sacrifices, I don't think is the right word. Choice is much better."

THE CANADIAN PRESS

Figure Skating

Parkinson hits personal best

Ottawa-born Paul Bonifacio Parkinson scored a season-best score in his free skating program Sunday as Italy finished fourth at the inaugural team figure skating event at the Sochi Olympics.

Parkinson, who turns 23 next Sunday, was given a score of 121.23, up from the 120.70 he posted at the Nebelhorn Trophy last September.

Still the score left him last among the men competing in the five-country final field. Russia's Evgeni Plushenko won with the free program with a score of 168.20, ahead of Canadian Kevin Reynolds (167.92).

The rankings translate into points for the team standings. Russia ultimately won gold with 75 points, ahead of Canada (65) and the U.S. (60). Italy was fourth with 52 points.

The three-day team event featured a male, female, pairs and ice dance couple from each country competing.

Parkinson holds dual citizenship by virtue of his mother, who was born in Italy. THE CANADIAN PRESS

Curling. Canada, Norway are dressed for success

The Norwegian curlers have their kaleidoscope pants, but the Brad Jacobs team out of Sault Ste. Marie, Ont., is fiery, fit and ready to show it at the Winter Games.

Expect to see an intense Canadian men's curling team in form-fitting clothes when they step on the ice to open the Olympic curling competition Monday.

"We're going to be bringing everything we've got to every single game and the emotion that pours out of us sometimes, we can't control it," the skip says. "You can see that on the ice when a big shot is made and we all explode together."

"The Norwegians are famous for their pants and bring a lot of colour to the game. Our team is known for the tight shirts and tight uniforms more than the colourful pants."

The Canadian men open against Germany's John Jahr and Switzerland's Sven Michel at the Ice Cube Curling Centre on Monday.

The Jennifer Jones team out of Winnipeg takes on China's Bingyu Wang, the 2010 bronze medallist, to kick off the women's round-robin Monday.

Jacobs, third Ryan Fry



Canada's Brad Jacobs delivers the rock during a men's curling training session in Sochi on Sunday. WONG MAYE-E/THE ASSOCIATED PRESS

and brothers E.J. and Ryan Harnden on the front end are riding a rocket that launched when curling nomad Fry joined the team a year and a half ago following stints with the Brad Gushue and Jeff Stoughton teams.

The foursome won the 2013 Tim Hortons Brier for their first Canadian title for all four of them. They finished second at their first world championship, falling to Sweden's Niklas Edin in the final.

Jacobs defeated heavyweights Stoughton, Glenn Howard and Kevin Martin en route to a perfect 8-0 record at December's trials.

THE CANADIAN PRESS

MEDALS

(through 13 medal events)				
Nation	G	S	B	Total
Norway	2	1	4	7
Netherlands	2	1	1	4
United States	2	0	2	4
Canada	1	2	1	4
Russia	1	2	1	4
Austria	1	1	0	2
Sweden	0	2	0	2
Czech Republic	0	1	1	2
Italy	0	1	1	2
Germany	1	0	0	1
Poland	1	0	0	1
Slovakia	1	0	0	1
Switzerland	1	0	0	1
Finland	1	0	0	1
Slovenia	0	1	0	1
Britain	0	0	1	1
Ukraine	0	0	1	1

WHAT CANADA DID

SUNDAY

ALPINE SKIING

Men's downhill — Erik Guay, Mont-Tremblant, Que. (21st overall, two minutes 7.04 seconds); Ben Thomsen, Invermere, B.C. (19, 2:08.00); Jan Hudec, Calgary (21, 2:08.49); Manuel Osborne-Paradis, Vancouver (25, 2:09.00).

BIATHLON

Women's 7.5-kilometre Sprint — Rosanna Crawford, Canmore, Alta., (25th, 22:10.8, one penalty); Megan Imrie, Falcon Lake, Man. (31, 22:19.5 (1)); Zina Kocher, Red Deer, Alta. (32, 22:25.5 (2)); Megan Heinicke, Prince George, B.C., (59, 23:34.5 (3)).

CROSS-COUNTRY SKIING

Men's 30-km Skiathlon — Alex Harvey, St-Ferreol-les-Neiges, Que. (18th, one hour 10 minutes 0.2 seconds); Ivan Babikov, Canmore, Alta. (25, 1:10:14.6); Graeme Killick, Fort McMurray, Alta. (45, 1:13:16.1).

FIGURE SKATING

Team Event (free skates)

Men — Kevin Reynolds, Coquitlam, B.C., (second, 167.92 points); **Ladies** — Kaetlyn Osmond, Marystown, N.L. (fifth, 110.73); **Ice Dance** — Tessa Virtue, London, Ont., and Scott

Moir, Ilderton, Ont. (second, 107.56) — Canada won the silver medal with 65 points.

LUGE

Men's singles — Sam Edney, Calgary (placed 11th overall in event with a time of 3:29.77 after four runs); Mitchel Malyk, Calgary (26, 3:32.157); John Fennell, Calgary (27, 3:32.716).

SKI JUMPING

Men's K90 (normal hill) individual — Mackenzie Boyd-Clowes, Calgary (ranked 36th after first jump with 114.4 points); Dusty Korek, Calgary (39, 111.1) — neither qualified for second and final jump.

SNOWBOARDING

Women's slopestyle — Spencer O'Brien, Courtenay, B.C. (12th overall in final round with best run of 35.00 points); Jenna Blaszman, Kitchener, Ont. (11th in semifinals, 32.25 - did not qualify for final).

SPEEDSKATING (LONG TRACK)

Women's 3,000 — Brittanny Schussler, Winnipeg (20th, 4:14.65); Ivanie Blondin, Ottawa (25, 4:18.70).

SUNDAY'S RESULTS

ALPINE SKIING

At Krasnaya Polyana, Russia

MEN'S DOWNHILL

(starting position in parentheses)

1. (11) Matthias Mayer, Austria, two minutes 6.23 seconds; 2. (20) Christof Innerhofer, Italy, 2:06.29; 3. (8) Kjetil Jansrud, Norway, 2:06.33; 4. (18) Aksel Lund Svindal, Norway, 2:06.52; 5. Also — 10. (21) Erik Guay, Mont-Tremblant, Que., 2:07.04; 19. (6) Ben Thomsen, Invermere, B.C., 2:08.00; 21. (2) Jan Hudec, Calgary, 2:08.49; 25. (28) Manuel Osborne-Paradis, Vancouver, 2:09.00.

CROSS-COUNTRY SKIING

At Krasnaya Polyana, Russia

MEN'S 30-KILOMETRE SKIATHLON

1. Dario Cologna, Switzerland, one hour eight minutes 15.4 seconds; 2. Marcus Hellner, Sweden, 1:08:15.8; 3. Martin Johnsrud Sundby, Norway, 1:08:16.8. Also — 18. Alex Harvey, St-Ferreol-les-Neiges, Que., 1:10:00.2; 25. Ivan Babikov, Canmore, Alta., 1:10:14.6; 45. Graeme Killick, Fort McMurray, Alta., 1:13:16.1.

BIATHLON

At Krasnaya Polyana, Russia

WOMEN'S 7.5-KILOMETRE SPRINT

(penalty laps in parentheses)

1. Anastasiya Kuzmina, Slovakia, 21:06.8 (0); 2. Olga Vilukhina, Russia, 21:26.7 (0); 3. Vita Semerenko, Ukraine, 21:28.5 (0); Also — 25. Rosanna Crawford, Canmore, Alta., 22:10.8 (1); 31. Megan Imrie, Falcon Lake, Man., 22:19.5 (1); 32. Zina Kocher, Red Deer, Alta., 22:25.5 (2); 59. Megan Heinicke, Prince George, B.C., 23:34.5 (3).

FIGURE SKATING

TEAM EVENT (FINALS)

Men — 1. Evgeni Plushenko, Russia, 168.20 points; 2. Kevin Reynolds, Coquitlam, B.C., 167.92; 3. Tatsuki Machida, Japan, 165.85; 4. Jason Brown, U.S., 153.67; 5. Paul Bonifacio Parkinson, Italy, 121.23; **Ladies** — 1. Julia Lipnitskaia, Russia, 141.51; 2. Gracie Gold, U.S., 129.38; 3. Valentina Marchei, Italy, 112.51; 4. Akiko Suzuki, Japan, 112.33; 5. Kaetlyn Osmond, Marystown, N.L., 110.73; **Ice Dance** — 1. Meryl Davis and Charlie White, U.S., 114.34; 2. Tessa Virtue, London, Ont., and Scott Moir, Ilderton, Ont., 107.56; 3. Elena Ilinykh and Nikita Katsalapov, Russia, 103.48; 4. Charlene Guignard and Marco Fabbri, Italy, 81.25; 5. Cathy Reed and Chris Reed, Japan, 76.34.

Final Standings — 1. Russia, 75 points; 2. Canada, 65; 3. U.S., 60; 4. Italy, 52; 5. Japan, 51.

SNOWBOARDING

At Krasnaya Polyana, Russia

WOMEN'S SLOPESTYLE

Final Rankings

1. Jamie Anderson, U.S., 95.25; 2. Enni Rukajarvi, Finland, 92.50; 3. Jenny Jones, Britain, 87.25; 4. Sina Candrian, Switzerland, 87.00; 5. Sarka Pancachova, Czech Republic, 86.25; Also — 12. Spencer O'Brien, Courtenay, B.C., 35.00; **Semifinals** — 11. Jenna Blaszman, Kitchener, Ont., (32.25; 10.50) 32.25 (did not advance).

WOMEN'S HOCKEY

PRELIMINARY ROUND

Sunday's results

Sweden 1 Japan 0

Russia 4 Germany 1

Saturday's results

Canada 5 Switzerland 0

U.S. 3 Finland 1

Monday's games

U.S. vs. Switzerland, 5 a.m.

Finland vs. Canada, 10 a.m.



David Krejci is one of several NHLers that will face off with a teammate in Sochi. His Czech Republic team will take on fellow Bruin Loui Eriksson's Swedish squad on Wednesday. RONALD MARTINEZ/GETTY IMAGES FILE

Blood thicker than club for Sochi competitors

Olympic hockey. Several NHL teammates set to do battle on international ice

When the puck drops for men's hockey at the Sochi Games, friends will become foes.

Fast. The Czechs will face the Swedes on Wednesday, just four days after Boston beat Ottawa 7-2 in one of the NHL's last matchups before its Olympic break.

David Krejci and Loui Eriksson both had two assists for the Bruins in the rout. On Wednesday, the forwards will be playing against each other and for their countries — Krejci for the Czech Republic and Eriksson for Sweden.

Most of the 18 preliminary-round games will feature NHL teammates as temporary opponents.

Chicago Blackhawks stars Patrick Kane and Jonathan Toews are not scheduled to face each other in the preliminary rounds, but both are hoping for a U.S.-Canada rematch in the elimination round.

"We're always, in a fun way, competing against each other on a daily basis," said Toews, who helped the Canadians beat the Americans for the gold in 2010. "We'll be competitive if we get a chance to play each other."

"One guy is not going to want the other to get the best of him."

The Los Angeles Kings have six Olympians, representing four countries. Trash-talking began soon after the

rosters were set last month.

"Throughout the room with the different teams, there's always been ribbing going on," Canada's Jeff Carter said.

Blackhawks coach Joel Quenneville has an NHL-high 10 of his players in the Olympics, spread out over five teams. He's looking forward to the game within the games.

Quenneville can see a trio of Swedes — Niklas Hjalmarsson, Johnny Oduya and Marcus Kruger — gang up on the Czech Republic's Michal Rozsival on Wednesday. The next day, he can watch Kane get tested by Slovakia's Marian Hossa and Michal Handzus.

"It's going to be great watching these guys play," Quenneville said. "I think they're going to learn a lot being on that stage, in critical situations and big moments."

"There's a good chance somebody's going to come back with a gold medal."

"It's two weeks of your life to give it your all for your country," Kane said.

THE ASSOCIATED PRESS

Did you know?

The NHL stars are back for their fifth consecutive Olympics since Nagano, but this might be your last chance to see them on the podium for a while. NHL owners are making serious noise about keeping the league in session in 2018 during the Pyeongchang Olympics, citing the time difference to South Korea and lost revenue.

Intense tourney

150

About 150 jet lagged NHL players join their European counterparts in a frenetic 12-team, 12-day tournament for hockey supremacy. Nobody has time for practice or team-building with three quick opening-round games before the knockout portion begins, but Canada, Russia, Sweden, Finland and the United States all have their eyes on gold.

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may not believe it. Amazing but true!
B.M.

Football

NFL draft hopeful declares he is gay

Missouri All-American Michael Sam says he is gay, and the defensive end could become the first openly homosexual player in the NFL.

In interviews with ESPN, The New York Times and Outsports that were published Sunday, Sam said his teammates and coaches at Missouri have known since August.

"I am an openly, proud gay man," he said.

The 255-pound Sam participated in the Senior Bowl in Mobile, Ala., last month after leading the SEC in sacks (11.5) and tackles for loss (19), and he is projected to be a mid-round NFL draft pick.

Before coming out to all his teammates and coaches, Sam said he told a few close friends and dated another Missouri athlete who was not a football player.

THE ASSOCIATED PRESS

Curling

Homan repeats as Scotties champ

Rachel Homan's Canada team defeated Val Sweeting's Alberta rink 8-6 to win a second consecutive Scotties Tournament of Hearts on Sunday night.

The Ottawa team of Homan, lead Lisa Weagle, second Alison Kreviazuk and third Emma Miskew defended the Canadian women's curling championship they won last year in Kingston, Ont.

At 13-0, they are the first since Linda Moore's rink in 1985 to go undefeated at the tournament.

Homan took early leads all week and did it again by posting three points in the second end, although Sweeting answered with a hit for two in the third.

Manitoba's Chelsea Carey won the bronze medal game 7-3 over Saskatchewan's Stefanie Lawton. THE CANADIAN PRESS

Horoscopes

Aries

March 21 - April 20

If someone is behaving badly that does not mean you have to follow their example. This is going to be an important week, especially for relationships, so don't go annoying people just for the fun of it.

Taurus

April 21 - May 21

Don't be afraid to admit that you are out of your depth. The moment you speak up, you will have friends and family members rushing to assist you, so why suffer in silence?

Gemini

May 22 - June 21

Mars in Libra endows you with amazing levels of energy and huge self-belief. However, no matter how confident you feel, you would be wise not to take anything for granted.

Cancer

June 22 - July 23

Don't worry too much if not a lot is going right for you. Later in the week the tide will turn in your favour and you will be in control of your own destiny again. You have little to fear and lots to look forward to.

Leo

July 24 - Aug. 23

Steer clear of others' disputes today. No matter how well-intentioned you may be, you are likely to end up supporting the wrong side, which won't do your rep for picking winners much good.

Virgo

Aug. 24 - Sept. 23

Someone who is down on their luck will come to you for assistance and you won't have the heart to turn them away. Hopefully you'll also have the sense to see that their troubles are of their own making.

Libra

Sept. 24 - Oct. 23

Mars in your sign makes you confident and assertive but you are still advised to start the week slowly and carefully. Save yourself for next weekend when you'll be a winner in everything you do.

Scorpio

Oct. 24 - Nov. 22

Don't worry too much if you feel gloomy today because you will brighten up later in the week. If you don't feel like working or socializing, don't force yourself. Sit quietly, and meditate.

Sagittarius

Nov. 23 - Dec. 21

Put feelings of regret and remorse behind you and act as if life has never been better. Even a livewire Sag gets a bit down now and again but you bounce back faster than most.

Capricorn

Dec. 22 - Jan. 20

You will find it easier to be assertive on the work front over the next seven days but don't go too far and give others the impression that you are turning into a dictator. Persuasion always works better than coercion.

Aquarius

Jan. 21 - Feb. 19

The message of the stars as the new week begins is you have nothing to worry about. For some reason though you can't help but be suspicious and that could cause problems with colleagues.

Pisces

Feb. 20 - March 20

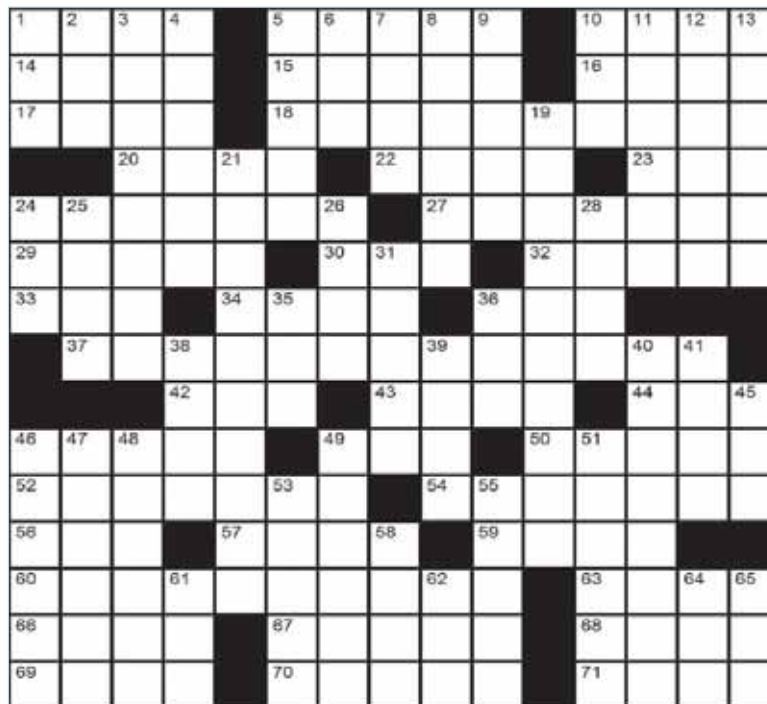
You may be tempted to cut corners but if you do you will be found out around the time of the full moon on the 14th.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Park, in Hamilton
5. 13th-century Russian invader
10. Engaged guy's event
14. Seed covering
15. Came about
16. Space
17. "Am ___ early?"
18. Canadian Country Music: Stephanie Cadman, Kendal Carson and Miranda Mulholland's trio: 2 wds.
20. Corleone Family leader
22. Salt amount
23. Tub
24. "A Little Respect" group
27. Prehistoric stone artifact
29. Radio dial
30. Perform
32. "The War of the ___" (1989)
33. House room
34. Ms. Reid
36. "Jeff ___" (Canadian comedy series)
37. SOCHI 2014 - Biathlon component: 2 wds.
42. Celtic sea god
43. Hair removal brand
44. Goon
46. Font flourish
49. Volcano's spewn material



50. "Are too!" comeback: 2 wds.
52. "Kate & ___" (2001)
54. Disentangles
56. Ms. Rand
57. Origin
59. Hosp. readouts
60. Canadian History: 1839 'Report' writer: 2 wds.

63. Thunderbirds org.
66. "___ the other hand..."
67. Manage: 2 wds.
68. Cars: ___, oil and filter
69. Ms. Suvari
70. ___ Edibles (Mrs. Garrett's gourmet shop on "The Facts

- of Life")
71. Prophet
- Down
1. Moo goo ___ pan (Take-out dish)
2. Painting
3. Explorer-to-Canada, John Cabot aka ___ Caboto
4. The Plaza Hotel's

- fictional resident
5. Small drum
6. Standard song: "Chances ___"
7. Narrated
8. Tilted
9. Peanut Butter Cups bigwig, H.B. ___
10. Roosted
11. Country singer

- Mr. Tritt
12. Get the drink to fizz
13. Actress Jennie, and surnamesakes
19. SOCHI 2014 - Ice sport: 2 wds.
21. Saskatchewan town
24. LAX posting
25. Penitent person
26. Sense organs
28. CCR tune
31. Lyricist Sammy, and surnamesakes
35. Ireland's flyer, ___
36. Law, in Lyon
38. Impertinent
39. Honolulu's home
40. Trivial matter
41. British prison
45. Mil. posts
46. SOCHI 2014 - Alpine Skiing event
47. A.A. Milne character
48. The Crystals hit: "Da Doo ___"
49. Worshipped
51. SOCHI 2014 - Free-style Skiing event
53. Scoundrel
55. Jules Verne's captain, and others
58. So
61. Genetic stuff
62. ___ crossroads
64. Pres. Lincoln
65. Iron: French

Friday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Today -6°/-16° Flurries 40%

Tuesday -9°/-18° Variable

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